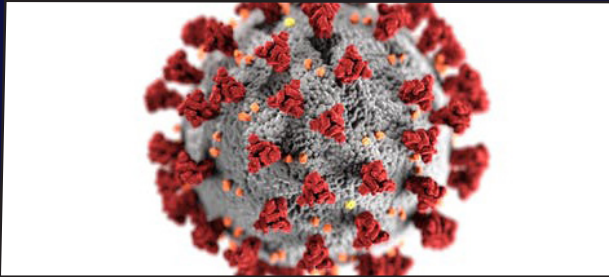




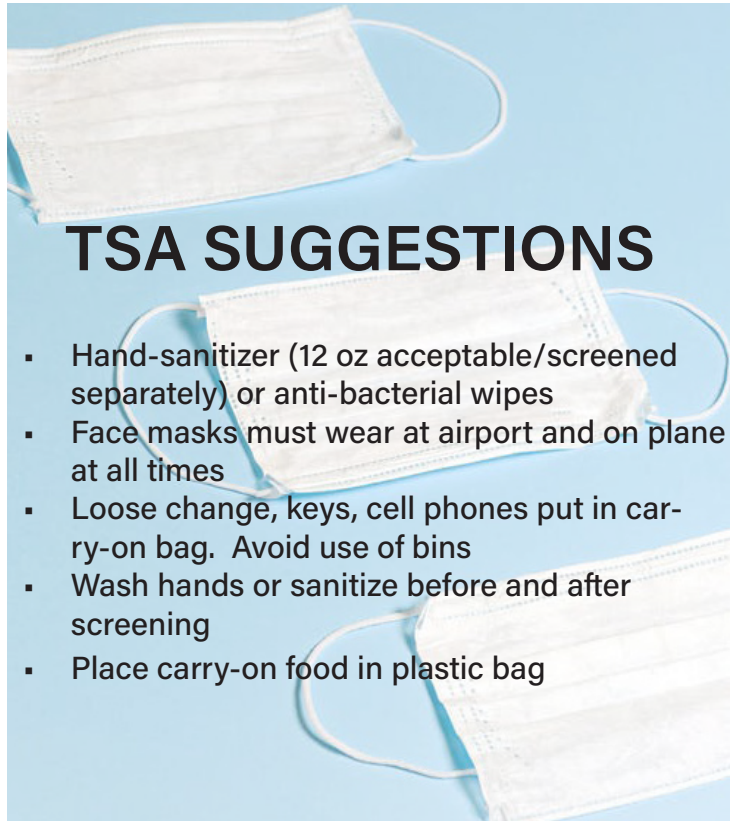
Travel Health Today

# COVID-19 CORONAVIRUS



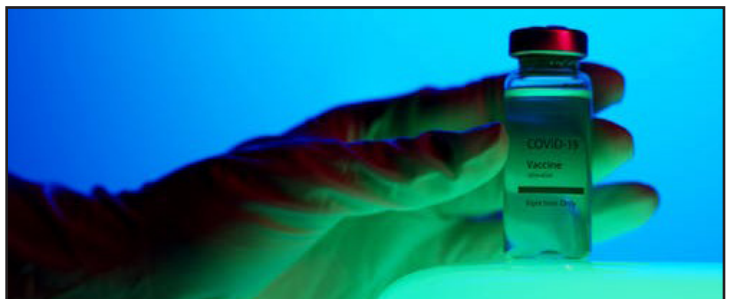
## Traveler Protection

- Use mobile device for check-in/boarding pass
- Avoid touching your eyes, nose or mouth with unwashed hands
- Wash your hands often with soap and water for 20 seconds
- Use alcohol-based hand sanitizer that contains at least 60% alcohol
- Avoid traveling if you are sick
- Wear a mask in public through airport and on plane
- Use sanitized wipes on seat, tray table and armrest
- Check as much baggage as possible
- Try to keep socially distant in airport and stay 6 feet away from others.
- Know the travel restrictions of your destination country. Some require a (-) Covid-19 viral test along with vaccination status. Some of this may be required by your airline.
- All international travelers should check with their destination and home state/province to determine rules, monitor their health, and practice social distancing.



## TSA SUGGESTIONS

- Hand-sanitizer (12 oz acceptable/screened separately) or anti-bacterial wipes
- Face masks must wear at airport and on plane at all times
- Loose change, keys, cell phones put in carry-on bag. Avoid use of bins
- Wash hands or sanitize before and after screening
- Place carry-on food in plastic bag



## Vaccinate Before You Travel

Covid-19 vaccines will protect you against coronavirus and variants

Pfizer/BioNTech	<ul style="list-style-type: none"> <li>• 2 doses at least 3 weeks apart</li> <li>• Fully vaccinated 2 weeks after 2nd dose</li> </ul>
Moderna	<ul style="list-style-type: none"> <li>• 2 doses at least 4 weeks apart</li> <li>• Fully vaccinated 2 weeks after 2nd dose</li> </ul>
Johnson & Johnson	<ul style="list-style-type: none"> <li>• 1 dose</li> <li>• Fully vaccinated 2 weeks after dose</li> </ul>